

Knowing and Loving our Heavenly Parents Activity Day

“For a wise and glorious purpose
Thou hast placed me here on earth”

-Eliza R. Snow, “O My Father”

This activity will help you complete the following requirements for your Faith in God award.

Learning and Living the Gospel

*Plan and complete your own activity that will help you learn and live the gospel. (see below for potential)

Think about your Heavenly Parents. What do they look like? How do they show you their love? How can you develop a relationship with them. Write your thoughts through poetry or visual art.

Serving Others

*Make a list of the qualities you like in a person. Choose one quality to develop in yourself. Discuss how showing respect and kindness strengthens you, your family, and others.

Developing Talents

*Write a poem, story, or short play that teaches a principle of the gospel or is about Heavenly Father’s creations.

Want to lead a Family Home Evening on this? Consider sharing:

https://www.youtube.com/watch?feature=player_embedded&v=3VzPGA-7Xwo

“Mother in Heaven” <https://www.lds.org/topics/mother-in-heaven?lang=eng>

“God the Father” <https://www.lds.org/topics/god-the-father?lang=eng>

Art Project

Creating art helps us develop faith and a testimony of the Gospel principles we are studying. Here are some questions to think about as you create your artistic representation of God.

- What attributes of your earthly parents do you find godly?
- What attributes of Heavenly Father that we know are likely shared with Heavenly Mother?
- How is Christ a reflection of his Heavenly Parents?

Think of a person here on earth who loves you.

- How do you know that person loves you?
- How do you feel when you're around that person?
- How do you think your Heavenly Parents feel about you?
- What if they were here right now?
- What would that look like?

Create a picture only you could create.